



# EMERGENCY FIRST AID AT WORK COURSE

LEVEL 2

F2 | Waterfront Studios | Dock Road | London E16 | AH | www.tectraining.co.uk



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## Requirements

Learners must be 16+ and bring along valid ID (Passport, Driving license or ID card) and must bring I Passport size photo

## **Availability**

Courses will be scheduled upon receiving the minimum I 0 learners per session and only 12 spaces available per course.

Courses take place every Saturday and Sunday at 13:00, so book in advance to avoid any disappointment.

Courses will be delivered in house but can also be delivered on site. Please contact us via email on info@tectraining.co.uk or 02074761111 for any specific requirements.

## **About Emergency First Aid At Work**

This Regulated Qualification is ideal for anyone wishing to become an emergency first aider. This provides learners with skills and knowledge to deal with first aid situations in low risk workplace environments for the Health and Safety (First-Aid) Regulations 1981 and the Health and Safety (First-Aid) Regulations (NI) 1982 purposes.

As this is a Regulated Qualification, an Employer who obtains training from our Approved Centre is not required to carry out any due diligence on the training provider in order to ensure the suitability of the training (HSE statement).

## **Assessment**

The practical Learning Outcomes are assessed by observation. Multi Choice Questions (MCQ) for theory and underpinning knowledge. To Award this qualification the Learner must 100% pass of the assessments carried out by observation together with a percentage pass in the MCQ paper.

## **Key Facts**

- Course Duration: | Day
- Venue: Canning Town, London
- Price: EFAW Initial £55.00 / EFAW Re-cert £55.00 (All prices subject to
- Includes: Level 2 Award in Emergency First Aid at Work course, training materials, ID card and certificate.

#### **Emergency First Aid At Work Curriculum Includes:**

#### Initial Care

- ✓ First Aid at Work Regulations and Rules
- ✓ Fears of First Aid
- ✓ Barriers
- ✓ Initial Assessment
- ✓ Unconscious Breathing and Recovery Position

#### Cardiac Problems

- ✓ The Heart, Sudden Cardiac Arrest, Heart Attacks and CPR
- ✓ One Rescuer CPR
- ✓ Chest Only Compressions
- ✓ CPR Handover to a Second Rescuer

#### Other Primary Care First Aid Problems

- ✓ Adult Choking, Conscious and Unconscious
- ✓ Serious Bleeding Management and Wounds
- √ Shock
- ✓ Spinal Injury Management
- ✓ Burns and Scalds
- ✓ Anaphylactic Shock and Allergies
- ✓ Seizures and Epilepsy

## **Emergency First Aid At Work Covers The Following Topics:**

- ✓ Understand the role and responsibilities of a first aider
- ✓ Be able to assess an incident
- ✓ Be able to manage an unresponsive casualty who is breathing normally
- ✓ Be able to manage an unresponsive casualty who is not breathing
- ✓ Be able to recognise and assist a casualty who is choking
- ✓ Be able to manage a casualty with external bleeding
- ✓ Be able to manage a casualty who is in shock
- ✓ Be able to manage a casualty with a minor in jury



